

Land Acknowledgement: We acknowledge that we are on the unceded lands of the Spokane Tribe. The Spokane people shared this place with other tribes through their relations, resources, history, trade, and ceremony. We thank the caretakers of this land, who lived, and continue to live here Since Time Immemorial. This land holds the knowledge, culture, and spirit of "The People of the River."



# **PRINCIPAL'S CORNER**

Jefferson Families,

I hope this message finds you well. As we embrace the beauty of fall and the season of Thanksgiving, I wanted to take a moment to reflect on a topic that is not only timely but also essential for the well-being and growth of our young scholars: gratitude.



Gratitude is a powerful force that can transform our lives and those of our children. It goes beyond simply saying "thank you" and delves into a mindset that can positively shape our attitudes, actions, and relationships. At Jefferson, we believe that teaching our scholars the importance of gratitude is a valuable life lesson that goes hand in hand with our educational mission. In fact, our <u>PurposeFull People</u> social emotional learning curriculum, has gratitude as its November focus for all grades.

*Here are a few reasons why fostering gratitude in our children is so crucial:* 

1. **Building Positive Relationships**: Grateful children tend to be more empathetic and considerate of others. They understand the importance of kindness and expressing appreciation, which leads to stronger friendships and healthier social interactions.

2. *Improved Mental Health*: Research shows that gratitude is linked to increased happiness and reduced stress. By teaching our scholars to focus on the positive aspects of their lives, we equip them with essential emotional skills that will benefit them throughout their lives.

3. Encouraging Mindfulness: Gratitude encourages children to be more present and aware of their surroundings. It helps them appreciate the little things and find joy in everyday experiences, promoting mindfulness in a fast-paced world. November 6, 2023

# CALENDAR

November 6 Chess Club 3-4:30pm

**November 7** Election Day Remember to VOTE!

Chess Club 3-4:30pm

Music & Movement Class 3-4pm

PTG Meeting 6:30pm Jefferson Library

November 8 Chess Club 3-4:30pm

Music & Movement Class 3-4pm

November 9 Music & Movement Class 3-4pm

> No school in Observance of Veteran's Day

PTG Gift Wrap Fundraiser End

November 11 Veteran's Day

PTG Spokane Chiefs School Night 6:05pm 4. **Enhanced Academic Performance**: Grateful scholars tend to be more motivated and engaged in their studies. They understand the value of education and are more likely to set and achieve academic goals.

At Jefferson, we are committed to helping our shared scholars develop a sense of gratitude. Our dedicated teachers and staff incorporate gratitude into the curriculum, offering opportunities for scholars to reflect on what they are thankful for and express their appreciation. We encourage you, as parents, to continue this practice at home.

Check back next week when I will share a few simple ways to promote gratitude within your family.

Wishing you well,

Brent

Brent A. Perdue (he, his, him) Principal brentp@spokaneschools.org



Malia F. Parker G. Ryan S. Myra D. Sophia P. Josie M. Charlotte C. Maisy K. Dawsyn F. James E. Henry B. Sadie T. Kevin B.







FROM YOUR

Jefferson Scholar & Family Handbook

(located on the Jefferson Website in the "Students" dropdown menu or click here)

### Weather-page 24

When the weather is severe, please be careful to ensure that your child arrives at the regularly scheduled time. To avoid after-school confusion, please have a foul weather plan if



your child walks or rides a bike. This helps keep your child safe and keeps our phone lines free in emergencies.

Please check our district website for information on school closures or listen to major radio and TV stations beginning around 5:30 a.m.

Fresh air and exercise are important parts of a child's development. We make every effort to provide this to scholars each day while they are at school. Scholars should come dressed appropriately for the weather and be



prepared to be outside for recess. During cold weather, the principal will assess current conditions and review weather charts to ensure that it is safe for scholars to be outside. As a general rule, scholars will be kept inside when temperatures move into the single digits.





## **3rd and 5th Grade Minecraft Fun at The MAC**

On Tuesday, October 24, Jefferson third and fifth grade scholars had the opportunity to learn about mining, specifically minerals, and their influence in our world. After a presentation from the American Exploration & Mining Association, students were able to explore the interactive Minecraft Exhibit at the Museum of Arts and Culture. There were life-size Minecraft sculptures and rooms, information about Minecraft Worlds, the opportunity to "chop" blocks, and even play the game for a while! Fun was had by all! Find more pictures from the event on Jefferson's Facebook and Instagram pages. And while there, go ahead and like and subscribe!

## **Jefferson Thanks Student Patrol Members**

The student patrol helps keep students and families safe as they travel to and from school each day. Jefferson currently has 4 dedicated patrol members (Colton, Oak, Edie and Meredith) and is looking for more. If you have a child who has turned 10 years old and can help give back to their community, encourage them to connect with the school office to get more information about how to sign up. Please join the Jefferson staff in saying thank you to our current and future student patrol members!





JEFFERSON PATROL



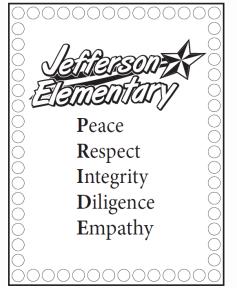


### **Patriot PRIDE Through and Through**

Congratulations to **Mr. Vogt's 1st Graders and Mrs. Gallagher's 4th** & **5th Graders** for recently filling up the 60 spaces on their classroom PRIDE

### posters!

Classrooms at Jefferson can earn stickers for their PRIDE posters when they collectively meet PRIDE expectations across the building. When their poster is filled with stars, classes receive a Smart Snack compliant treat and extra recess with Mr. Perdue or Mrs. Gage and Millie, Jefferson's emotional support dog. The five PRIDE expectations include:







## **Thank You Veterans**

Jefferson wishes to thank all veterans, and the families who support them, for their service to our country. The sacrifice these individuals and families make to serve and protect American ideals around the globe will never be forgotten. The Veterans Day holiday will be observed this Friday, November 10th. School will not be in session.





### **Gift Wrap Sale**

This is our largest fundraiser for the fall. Orders are due this Friday, November 10th. Our goal is to raise \$12,000 for student enrichment, staff support, community events, and more! It's as simple as 1, 2, 3!

1. Register at: https://www.shopfund.com/

- 2. Share custom student support links with family & friends.
- 3. Student Goal: 5 Online Supporters

Register-Share-Win: Sharing gets you tickets for chances to win over \$100,000 in instant prizes.

#### **PTG Meeting**

The November PTG Meeting is tomorrow, November 7th at 6:30pm in the Jefferson library or on Zoom. We hope to see you there! PTG Meeting Zoom Link

#### Jefferson Night at the Spokane Chiefs

Tomorrow, November 7th is the last day to purchase tickets for Jefferson night at the Chiefs hockey game. The event is next weekend on 11/11 at 6:05pm.

### Jefferson Night at the Spokane Chiefs Tickets



### **BAND PTG Mobile App Link**



THE FOLLOWING TICKETS REMAIN UNCLAIMED FROM OUR 2023 TRUNK OR TREAT RAFFLE.

IF YOU ARE A WINNER, PLEASE TAKE A PHOTO OF YOUR MATCHING TICKET AND EMAIL IT TO: JEFFERSONPATRIOTSPTG@GMAIL.COM



#386479 - GAMING BASKET #386151 - GU WOMEN'S BASKETBALL





Spokane Public Schools complies with all federal and state rules and regulations and does not discriminate in the admission, treatment, employment, or access to its programs or activities on the basis of age, sex, marital status, race, color, creed, national origin, the presence of any sensory, mental, or physical disability, to the use of a trained guide or service animal by a person with a disability, sexual orientation including gender expression or gender identity, or honorably discharged veteran or military status. This holds true for all students who are interested in participating in educational programs and/or extracurricular school activities, and provides equal access to the Boy Scouts and other designated youth groups. Inquiries regarding compliance and/or grievance procedures may be directed to the school district's Title IX/Staff Civil Rights Officer, ADA Officer, Harassment, Intimidation, Bullying (HIB)/Student Civil Rights Officer and/or 504 Compliance Officer.

The following Civil Rights Compliance Coordinators have been designated to handle questions and complaints of alleged discrimination:

•Civil Rights Coordinator and Title IX Coordinator: Jodi Harmon, 509.354.7344

•Section 504 Coordinator: Melanie Smith, 509.354.7284

<u>Unsubscribe kevind@spokaneschools.org</u> <u>Update Profile |Constant Contact Data Notice</u> Sent bynatalief@spokaneschools.orgpowered by



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